

## **The Minotaur 50 Mile VULTRA®**

Introducing our first 50 Mile VULTRA – The Minotaur 50 Miler.

It's a bit of a magical distance 50 miles so we've decided to bring it to you virtually and put this mythical milestone within the reach of just about everyone who can put one foot in front of the other.

The Minotaur 50 Mile VULTRA will start at the Acropolis in Greece and then we'll head on a picturesque 50 mile jaunt around the south east part of Greece before heading back in to Athens and finishing at the Pantheon some 50 virtual miles later.

The route is exactly 50 miles.

The Minotaur 50 Mile VULTRA has something for everyone; from seasoned ultra runners to those who are new to running and want to try something awesome. Oh, and of course, there will be the epic finisher's bling – obviously! This time it's a two-tone medal that also doubles as a belt buckle and it's possibly our finest buckle design to date. The detail is simply mystical.

There are 6 entry options;

- The Minotaur 50 Mile Continuous – all in one go
- The Minotaur 50 Mile 48 Hour – 2 days
- The Minotaur 50 Mile Week Long – 7 days
- The Minotaur 50 Mile Fortnight Long – 14 days
- The Minotaur 50 Mile Month Long – 30 days
- The Minotaur 50 Mile more than a month – up to 60 days

You can choose when you start – basically anytime after you sign up. Your confirmation email and the final event info email will give you all the details, but essentially once you've signed up, you choose when to begin your virtual 50 mile adventure.

The exciting bit.....

You'll get a bespoke, sequential BIB when you sign up. There will be a route map and central results and progress landing page on the 'VULTRA' Phoenix Running website, and each competitor will have their own virtual location pin (complete with their name and BIB number for tracking your virtual progress) and you can even have your profile picture appear. Once you start your virtual run you'll submit your mileage as you go which, once approved, will automatically move you along the map. The results will tell you how far you've gone at any given point and also how far you've got left to complete your challenge. So, if you're doing the 'Week Long' option and go out and run 20 miles on day one, then you'll move 20 miles along our route and have 30 miles left to cover. Pretty cool. Once you've submitted enough mileage to get to the finish then you are an official finisher of the Minotaur 50 mile VULTRA! Your total miles and total time will be added to the finisher results, you'll show as 'COMPLETE' and we'll send you your epic bling!

This is a challenge for literally anyone of any running ability. If you're new to running, fancy something a bit different, or fancy your first foray into multi-day endurance challenges, want to practice running consistent distances over consecutive days, or just want to see how many miles you can run in a weekend, a week, or

a month then this is for you. And, if you're a seasoned ultra runner, then we'd love to have you aboard to see if you can cover the distance all in one go.

You will definitely not want to miss the MINOTAUR bling!